GUIDELINE

Are the recommendations valid?
Did the recommendations consider all relevant patient groups, management options, and possible outcomes?
Is there a systematic review linking options to outcomes for each relevant question?
Is there an appropriate specification of values or preferences associated with each of the outcomes?
Do the authors indicate the strength of their recommendations?

What are the results?
What are the key recommendations?

Will the recommendations help you in caring for your patients?
Do the recommendations make sense in your practice setting?